

3RD DAN TERMINOLOGY

1 White Tip 12th Gup	Taebaek	Mount Baekdoo
	Pyongwon	Plane-Flat
	Nebojin	Stepping Inside
	Sibjin	Stepping Across
2 White Tip 11th Gup	Son & Bal	Hand & Foot
	Ap & Dwee	Front & Back
	Joo meok	Fist
	Pal meok	Wrist
1 Yellow Tip 10th Gup	Hosin sool	Self Defense
	Kyuk pa	Breaking
	Chool suk	Attendance
	Kisool yong au	Terminology
2 Yellow Tip 9th Gup	Kuk ki won	TKD Headquarters
	President of W.T.F.	Dr. Un Young Kim
	Gawi sonkeut	Scissor Fingers
	Pyon joomeok	Flat Fist
1 Green Tip 8th Gup	Ap chook	Ball of Foot
	Dwi chook	Heel
	Bal nal	Foot Knife
	Bal doong	Instep
2 Green Tip 7th Gup	Hwang so makki	Bull Block
	Twi o chagi	Jump Kick
	Chettari jirugi	Double Fist Punch
	A geumson	Between finger and thumb
1 Blue Tip 6th Gup	JUDGE'S ORDERS	12th Gup - 7th Gup 3rd Dan Words
2 Blue Tip 5th Gup	Moah seogi	Feet Together Stance
	Charyot seogi	Attention Stance
	Orun bum seogi	Right Tiger Stance
	Oen bum seogi	Left Tiger Stance
1 Brown Tip 4th Gup	Dol chegi	Set Position
	Dolryu jirugi	Round House Punch
	Momtong jechyo jirugi	Palms Up Double Punch
	Momtong auper jirugi	Palms Down Double Punch
2 Brown Tip 3rd Gup	Ol ryo momtong makki	Lifting up Block
	Noolryo momtong makki	Palm Down block
	Dang gyo teok chigi	Grab, Pull & Strike
	Gudoolreu momtong makki	Supporting Hand Block
1 Red Tip 2nd Gup	Bawi milgi	From side push out from face
	Taesam milgi	Double Palm Pushing
	Pyo jeok chigi	Target Strike
	Pyo jeok chagi	Target Kick
2 Red Tip 1st Gup	Bo joomeok	Supporting Fist
	Yup joomeok	Side of Fist
	Jung shin soo yang	Moral Culture
	Nalgae pyogi	Double Palm, (like wings)
Temporary 3rd Dan	JUDGE'S ORDERS	All 3rd Dan Words
Black Belt 3rd Dan	JUDGE'S ORDERS	All Words (1st - 3rd Dan)
Black Belt 3rd Dan (Phase1)	JUDGE'S ORDERS	2nd Dan 5th Gup Words - 3rd Dan Words
Black Belt 3rd Dan (Phase2)	JUDGE'S ORDERS	All 1st Dan Words & Up to 2nd Dan 7th Gup